

Facing Surgery Together

Patient Packet



Dear Families,

When your child needs surgery, I know how much trust you are placing in me and in our team. I want to share something openly with you, from my heart.

Surgery always carries risks. Every child is unique, and sometimes, despite the most careful planning, preparation, and hard work, things do not go exactly as we hope. As surgeons, we are human too. We dedicate our lives to doing everything we can to prevent complications, but mistakes and unexpected challenges can still happen.

What I want you to know is that if difficulties arise, you will not face them alone. I will be there with you and your child, every step of the way, facing the challenges together. My care for your family does not stop in the operating room — it continues before, during, and long after surgery.

I ask for your grace and trust as we walk through this process together. While not everything is in my control, my commitment to your child's safety, healing, and well-being is unwavering.

With compassion and respect,
Dr. Laila Mohammad



Let's Move Forward Together: How You Can Help

1 Ask Questions

- No question is too small — we want you to understand every step.
- Write down concerns before meetings so nothing gets missed.



Take Care of Yourself

- Rest, eat, and take breaks when you can — your wellbeing matters.
- Small acts of selfcare help you be present for your child.



Stay Connected

- Talk openly with your care team about how you feel.
- Share updates or observations about your child it helps us provide the best care.



5 Embrace the Uncertainy

- Understand that some things are beyond anyone's control.
- Trust that your care team is doing everything possible to manage risks.



Support System

- Rely on family, friends, or trusted community members for emotional support.
- Don't hesitate to ask for help with dayto-day needs while your child recovers.



Remember You are Not Alone

- We are walking this journey with you before, during, and after surgery.
- Lean on our team

 we are
 committed to
 facing challenges
 together.

