

Clinic Appointment

Patient Packet



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Obtain a hard copy (CD) of your images

Sometimes, CDs pull a Houdini and vanish or get left behind! So, packing those printed copies ensures you're all set for your visit, no magical mishaps here!

Bring water, easy-to-clean snacks, and activities for entertainment.

If your little one is feeling jittery about the visit, let them pick a special treat or their all-time favorite activity to bring along! It's like sprinkling a dash of magic to turn those nerves into excitement!



Check-in with the front desk receptionist

Don't forget your ID, insurance card, and any medical snapshots (think CDs or digital links) along with your past medical reports! And hey, double-check your insurance for those sneaky co-payments.

Get roomed by the medical assistant (MA)

They'll kick things off by taking a peek at your vital signs—temperature, blood pressure, weight, and even head circumference (if you're under 2).

It's like a health report card, but way less stressful!



Time to meet the neurosurgeon!

I will carefully review their health history, as every detail matters. Together, we will explore the best care options, keeping your child's needs and feelings in mind. I know this can be overwhelming, but we will work together to develop a clear plan moving forward.

Questions to Ask in Clinic

Discussing the Diagnosis

- Can we see the images (X-rays, MRIs, etc.) you reviewed?
- How do we explain my child's condition to family and friends?
- Can you provide suggestions or resources on how to talk about this with loved ones who might not understand?
- Can you recommend any support networks, online groups, or educational resources for families dealing with similar conditions?

Follow up

- When should we schedule the next follow-up appointment?
- Are there any follow-up tests or imaging that might be needed soon?
- Who can I contact if I have questions about the results once they're available?

Symptoms to watch for

- How do I differentiate between normal recovery symptoms and symptoms that indicate something is wrong?
- Are there any red flags or warning signs I should be aware of that would indicate the need for urgent care?

Forms: School/Work Excuse and Activity Restrictions

- Can you provide a school excuse form, and how long should my child stay home from school
- Are there any activity restrictions for my child (e.g., sports, physical activity, school activities)?
- Can I get a work excuse form, and how long should I refrain from returning to work to take care of my child?
- Are there any travel restrictions (e.g. flying, long car trips) that we should be aware of during recovery or treatment?

Contact Information

- What's the best way to contact you or your office for non-urgent questions (e.g., email, phone)?
- What's the expected response time for messages or calls?
- If I need immediate advice during business hours but can't reach you, is there someone else I can contact?
- What should I do if my child's condition worsens or if there's an emergency?
- Is it okay to go to my local ER, or should I seek care elsewhere?
- What should I bring to the ER if we need to go?